

~ Drawing your inner radiance ~

Sacred Mandala Drawing Workshop

マンダラ・アート・ワークショップ

With Kaho Koinuma 鯉沼香帆

Fee: \$50

Sunday, January 31st 2010

11:00 am ~ 4:00 pm

(30 minute lunch break included. Please bring your own lunch)

お弁当をご持参ください。



絵を描いたことのない方でも大丈夫。マンダラ・アーティスト、鯉沼香帆さんと一緒に、あなたもあなた自身のマンダラを描いてみませんか？

No drawing experience necessary or required. All are welcome.

Purpose: To help one experience his/her core essence by opening the heart and supporting him/her access and activate his/her highest potential.

What drawing materials to bring:

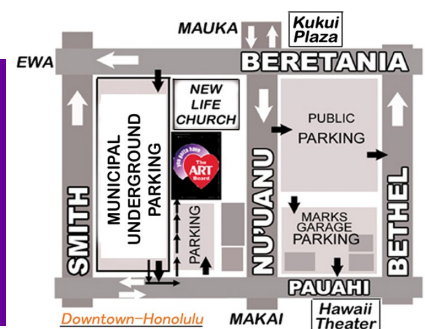
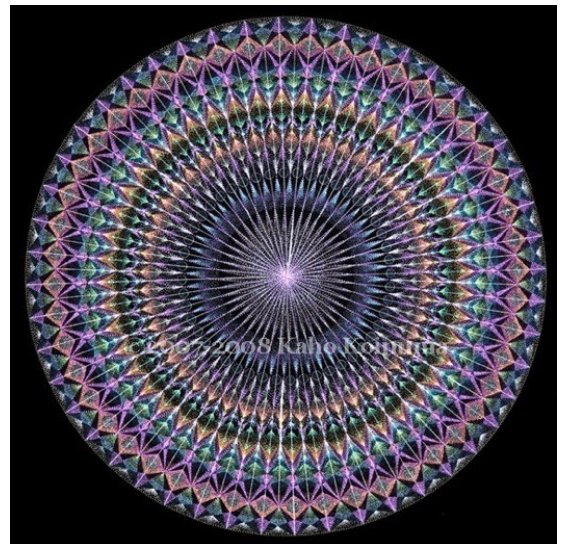
- 1 pencil
- 1 12" ruler
- 1 protractor
- 1 compass (A good quality compass is recommend)
- 1 White Sakura Gelly Roll pen
- Several colored gel pens (Sakura Gelly Roll – Moonlight, Metallic and/or Stardust is recommended)

* **Black pastel paper will be provided.**

お持ちいただくもの：

鉛筆、定規、分度器、コンパス、ジェルペン

Kaho Koinuma: www.mandalasoftheheart.com



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